Debris Bed

If you are in immediate danger and are too big to sleep in a garbage sleeping bag, you can build this debris bed.

To make the debris bed:

1. Start the bed with a layer of branches 1 or 2 feet deep.

2. Cover with 1 or 2 feet of moss. Make the layers thick, because when you lie down the bed will flatten.

3. Cover the moss with a plastic sheet or a garbage bag cut open.

4. To make the blanket, top the bed with another layer of plastic (plastic to plastic).

5. Cover the second layer of plastic with moss, twigs, or branches.
To get into the debris bed, crawl between the plastic sheets. Is this shelter small, insulative, rainproof, and windproof? No—it is not windproof.
Debris Hut Shelter

A debris hut shelter is made with an A-frame or a lean-to against a log. It has walls and a front door.

1. Start the bed with a layer of branches 2 to 3 feet deep.
2. Cover the branches with 1 to 2 feet of moss.
3. Cover the moss with plastic, such as an opened garbage bag. Lie down on the bed to flatten it.
4. Use three poles for the frame. Tie with rope, roots, etc.
5. Strengthen frame with additional poles.

A good debris hut shelter looks big from the outside, but inside it should be just big enough to fit you. When you are inside, it should be only six inches from you to the top and to each of the sides. Six inches is about equal to the distance between your thumb and little finger when they are outstretched. When you lie in your shelter with the door closed, you should not be able to see any light.
6 Cover frame with plastic, or big leaves.
7 Put boughs on top of the plastic.
8 Cover boughs with small branches.

9 Place a thick layer of moss on top of the branches, so you can't see any light from the inside.

10 Make a flap door with tree branches, or a stuff door with plastic and moss.
The more signals you have, the better!