OUTDOOR SURVIVAL TRAINING

FOR ALASKA'S YOUTH

Student Manual

ALASKA SEA GRANT COLLEGE PROGRAM
OUTDOOR SURVIVAL TRAINING
FOR ALASKA’S YOUTH

Student Manual
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Table of Contents

Chapter 1. Prepare for an Emergency
   How to Increase Your Chances of Surviving An Emergency 1
   How to Get Ready for a Trip 1
   Lost Boy Rescued After 5 Days 2
   Boy Bounces Back After 5 Days on the Hill 5

Chapter 2. Seven Steps to Survival
   1. Recognition 7
   2. Inventory 7
   3. Shelter 8
      Clothing 9
      Emergency Shelter 10
      Garbage Sleeping Bag 11
      Debris Bed 12
      Debris Hut Shelter 14
   4. Signals 17
   5. Water 18
   6. Food 19
   7. Play 20
   How to Build a Fire 21
   Note Taking Guide 23
   Survival Crossword Puzzle 28

Chapter 3. Survival Kits
   Building a Survival Kit 29

Chapter 4. Cold Water Survival Skills
   Drownings in Alaska’s Waters 31
   Preventing Drowning 31
   Self-Rescue 32
      Huddle Position, H.E.L.P. Position 33
   Survival Times in Cold Water 34
   Personal Flotation Devices 35
   How to Put on a Survival Suit Fast 37
   In and out of the Water with a Survival Suit 38
   Rescuing Others 40

Survival Books to Read 41

About This Book
This student manual accompanies an instructor manual for a course on outdoor survival training for Alaska’s youth. It is written based on experiences in the Gulf of Alaska, but it can be used in other geographic regions too.

This is your own copy. After you use it for the survival class, take it home and share it with your family and friends.
About the Author

Dolly Garza, associate professor with the University of Alaska Fairbanks, School of Fisheries and Ocean Sciences, has worked for the Sea Grant Marine Advisory Program for ten years. Garza is an instructor and board member for the Alaska Marine Safety Education Association. She has been teaching outdoor survival and water safety skills to southeast Alaska students since 1985.

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—Dolly Garza